

### Save Yourself a Trip!

### Have Your Child Get Their Flu Vaccine at School!

Sign Your Child Up for the

### **FLU SHOT** at

### Newtown Middle School's

### School Based Health Center

### Here's what to do:

- 1. Read the Vaccine Information Statement (VIS).
- 2. Answer the screening questions for contraindications to receiving the flu shot.
- 3. Sign giving permission for your child to receive the Flu Shot at the School Based Health Center.
- 4. Return the screening checklist/permission form to the Newtown Middle School, School Based Health Center.

Vaccine will be billed to your insurance when applicable. There is no insurance copay or out-of-pocket cost. Middle school students only. Call the SBHC with any questions: (203)270-6114.



# CONNECTICUT INSTITUTE FOR COMMUNITIES, INC. SCHOOL BASED HEALTH CENTERS

## "Kealthy Kids Make Better Learners"

Patient Name:	Date of Birth:	f Birth:	
Information to De	termine if Your Child Should Receive the F	lu Vaccine	:
		NO	YES
	m eating eggs or a known egg allergy?		
Does your child have an allerg gelatin?	y to gentamicin, neomycin, polymixin or		
Did your child have a serious r	reaction to a flu vaccine in the past?		
	Barre Syndrome (a type of temporary in 6 weeks after receiving a flu vaccine?		
	e Influenza (Flu) Vaccine Information Stat	_	-
	(Ch	Child's Name)	
Parent/Guardian Signature:	Date:		
*********	************	*****	******
Office Use Only:			
Vaccine given:	Signed:		

(Nurse Practitioner)

(Date)

#### **VACCINE INFORMATION STATEMENT**

3

# Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know

Many Vaccine Information Statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

### 1 Why get vaccinated?

Influenza vaccine can prevent influenza (flu).

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections and ear infections are examples of flu-related complications. If you have a medical condition, such as heart disease, cancer or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

Each year thousands of people in the United States die from flu, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

### 2 Influenza vaccine

CDC recommends everyone 6 months of age and older get vaccinated every flu season. **Children** 6 months through 8 years of age may need 2 doses during a single flu season. **Everyone else** needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. Even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Influenza vaccine does not cause flu.

Influenza vaccine may be given at the same time as other vaccines.

## Talk with your health care provider

Tell your vaccine provider if the person getting the vaccine:

- ) Has had an allergic reaction after a previous dose of influenza vaccine, or has any severe, lifethreatening allergies.
- ) Has ever had **Guillain-Barré Syndrome** (also called GBS).

In some cases, your health care provider may decide to postpone influenza vaccination to a future visit.

People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

Your health care provider can give you more information.



### 4 Risks of a vaccine reaction

- ) Soreness, redness, and swelling where shot is given, fever, muscle aches, and headache can happen after influenza vaccine.
- There may be a very small increased risk of Guillain-Barré Syndrome (GBS) after inactivated influenza vaccine (the flushot).

Young children who get the flu shot along with pneumococcal vaccine (PCV13), and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Tell your health care provider if a child who is getting flu vaccine has ever had a seizure.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

## What if there is a serious problem?

5

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call **9-1-1** and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call 1-800-822-7967. VAERS is only for reporting reactions, and VAERS staff do not give medical advice.

## The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation
Program (VICP) is a federal program that was
created to compensate people who may have been
injured by certain vaccines. Visit the VICP website
at www.hrsa.gov/vaccinecompensation or call
1-800-338-2382 to learn about the program and
about filing a claim. There is a time limit to file a
claim for compensation.

### 7 How can I learn more?

Ask your healthcare provider.

6

- Deall your local or state health department.
- Delicate Control Control Control (CDC):
  - -Call 1-800-232-4636 (1-800-CDC-INFO) or
  - Visit CDC's www.cdc.gov/flu

Vaccine Information Statement (Interim)

## Inactivated Influenza Vaccine

