



CONNECTICUT INSTITUTE FOR COMMUNITIES, INC.
SCHOOL BASED HEALTH CENTERS
"Healthy Kids Make Better Learners"

Meet your NMS School Based Health Center Staff:

Nurse Practitioner: Ariel Belek, APRN-BC, FNP



Ariel Belek APRN graduated from the University of Saint Joseph in West Hartford CT in 2012. She's worked in several settings including medical surgical floor, detox, and intensive care. After years in the intensive care unit she completed her master's degree specializing in Family Practice from the University of Saint Joseph. She has been a member of the international nursing honors society sigma theta tau since 2012 and received the Florence Nightingale award from the University of Saint Joseph in 2019. She works at the school-based clinic at Newtown Middle School and at Connecticut Institute for Communities pediatric department in Danbury CT. She is passionate about pediatric medicine and is excited to engage with students in the school setting to promote wellness.

Clinical Social Worker: Jennifer Sawyer, LCSW

Jennifer Sawyer obtained her MSW at Boston University in 1983. She has been a social worker for 35 years and has worked in mental health and medical settings in the Boston and New Haven, CT communities. Jennifer has done individual, family and group work counseling in School Based Health centers in elementary, middle and high school settings through Yale-New Haven Hospital. She has worked at the Newtown Middle School – School Based Health Center for the past four years. She feels the importance of providing support to educational staff and doing individual, group and family work with students in a school environment is very rewarding.



Medical Office Assistant: Nancy Kettner

Nancy has provided administrative and customer service support in a business office environment for the last 25 years. She earned an Associate's Degree in Business Administration from Westchester Community College, Valhalla, NY. In 2014, she earned a Medical Administrative Assistant Certification from The Harris School of Business in Danbury, CT. Nancy joined Connecticut Institute For Communities as the Medical Office Assistant at the Newtown Middle School, School Health Based Center in January 2016. Nancy's desire to work in a school environment with students has come to fruition and she is thrilled to be a part of the Newtown Middle School, School Based Health Center team.



School Based Health Center Manager: Melanie Bonjour

Melanie joined the Connecticut Institute For Communities, Inc. in July 2013 immediately after retiring from 34 years of service as a Public Health Educator and Health Center Coordinator for the City of Danbury. She earned a BS degree in School and Community Health Education and a Master's in Public Administration from Western CT State University. Her most notable achievement has been securing funding to establish Danbury's first School Based Health Center in 1994. A 30-year resident of the Newtown community, Melanie feels honored to have an integral role in bringing the School Based Health Services to the Newtown Middle School.



Services include:

- Treatment of acute and chronic illnesses
- Individual, group, and family counseling
- Health education and health promotion

Contact Information:

Hours: Monday-Friday 7:30am - 2:30pm
Phone Number: (203) 270-6114
Come visit us!